



THE MERITS OF VOLUNTARY ACTS (*NAWAFIL*)

مطوية باللغة الإنجليزية بعنوانها (فضل النوافل)

Collected by:

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إصدار مكتب دعوة وتوعية الجاليات بالطائف

THE INDICATIONS OF ALLAH'S LOVE FOR HIS WORSHIPPERS AND THE WAY TO ITS ACHIEVEMENT.

Almighty Allaah said : “Say (O Mohammad ﷺ S.A.W. to mankind) : “ If you (really) love Allah then follow me (i.e. accept Islamic Monotheism, follow the Qura’an and *Sunnah*), Allah will love you and forgive you your sins. And Allah is Oft-Forgiving , Most Merciful.” Quran 3:31

Abu Huraira رضي الله عنه (R.A.A.) narrated that the Prophet ﷺ S.A.W. said, “ If Allah loves a person ,He calls Jibrael (Gabriel) saying, ‘ Allah loves so and so; O Jibrael (Gabriel) love him.’ and make an announcement amongst the inhabitants of the heaven:

“ Allah loves so and so therefore you should love him also, and so all the inhabitants of the heaven would love him, and then he is granted the pleasures of the people on the earth.” Narrated by Al- Bukhari and Muslim

Abu Huraira رضي الله عنه R.A.A. narrated that Allah’s Messenger ﷺ (S.A.W.) said that Allah said: “ I will declare war against him who shows hostility to a pious worshipper of mine And the most beloved things with which My slave comes nearer to Me, is what I have enjoined upon him; and My worshipper keeps on coming closer to Me through performing *Nawafil* (praying or doing extra deeds besides what is (obligatory) till I love him, then I become his sense of hearing with which he hears, and his sense of sight with which he sees, and his hands with which he grips, and his legs with which he walks; and if he asks Me, I will give him, and if he asks My Protection (Refuge), I will Protect him.” Narrated by *Al-Bukhari*

1 A-The EXCELLENCE OF RECITING THE QURA'N

1- Abu Umamah رضي الله عنه (R. A. A.) narrated that he heard the Prophet (S.A.W) saying: “ Read the Qur'an (regularly) for it will act as an intercessor for its readers on the Day of Resurrection.” Narrated by Muslim.

2- Uthman رضي الله عنه R.A.A. narrated that the Prophet صلى الله عليه وسلم (S.A.W.) said :
“ The best among you (Muslims) are those who learn the Qur'an and teach it (to others).” Narrated by Al- Bukhari.

3- Abdullah bin Mas'ud رضي الله عنه (R.A.A) reported that the Prophet صلى الله عليه وسلم (S.A.W.) said : “when somebody recites one letter from the Qur'an he will get one good deed in recompense and this one recompense will be equal to ten good deeds. I do not say that *Alif Lam Meem* is a letter, but A is a letter, L is a letter and M is a letter i.e. it is equal to three letters. Narrated by At-Tirmitheh

B-THE EXCELLENCE OF THIKR ALLAH (REMEMBERING ALLAH I.E., GLORIFYING AND PRAISING HIM ETC.)

1- Abu Huraira رضي الله عنه (R.A.A.) narrated that the Prophet صلى الله عليه وسلم (S.A.W.) said: “A person who recites after every salah (prayer) : *Sub-han- Allah* (glory be to Allah thirty three times, *Al-ham-do Lil-lah* (All praise belongs to Allah) thirty three times and *Al-la-ho Akbar* (Allah is great) thirty three times, and completes the figure of hundred with the recitation of *La ilaha ila Allah wahdahu lasharika*

lahu lahu almulku walahu alhamdu wahu wa ala kul shai in gadeer.

“None has the right to be worshipped but Allah and He has no partner in Lordship or in the Names and the Qualities and for Him is the kingdom and all the praises and thanks are for Him and He is Omnipotent” will have his (minor) sins forgiven, although they may be as much as the foam of the sea. Narrated by Muslim.

2- Abu Huraira رضي الله عنه R.A.A. narrated that Allah's Messenger صلى الله عليه وسلم S.A.W. said: “Who- ever says ‘*Subhan Allahi wa bihamdi hi*, one hundred times a day, will be forgiven all his sins even if they were as much as the foam of the sea.” Narrated by Al- Bukhari and Muslim.

3- Abu Musa رضي الله عنه R.A.A. narrated that the Prophet صلى الله عليه وسلم S.A.W. said : “The similitude of the one who remembers (glorifies the praises of) his Lord (Allah) in comparison to the one who does not remember (glorify the praises of) his Lord, is like that of a living and the dead .” Narrated by Al- Bukhari.

C- INVOKING ALLAH'S BLESSING UPON THE PROPHET صلى الله عليه وسلم (S.A.W.)

1-Almighty Allah said : “ Allah and His Angels send blessing on the Prophet, O you who believe ! send your (*salah*) and salute (greet) on him with a worthy salutation.” Qur'an 33:56

2-Abdullah bin 'Amr bin Al-'Aas رضي الله عنه (R.A.A.) said that he heard the Prophet صلى الله عليه وسلم (S.A.W.) saying: “ A person who calls for blessings on me, (recites *salat*) once,

Allah sends down mercies on him ten times.” Narrated by Muslim.

2 THE EXCELLENCE OF OPTIONAL PRAYERS

1- The mother of the faithful Umm Habibah Ramilah bint Abu Sufyan (R.A.A.) narrated that she heard the Prophet (S.A.W.) saying: “A house will be built in paradise for every Muslim who offers twelve Rak’ah of optional *salah* other than the obligatory *salah* in day and night, to seek the pleasure of Allah.” Narrated by Muslim.

Note: These extra 12 rakaats of optional prayers, according to Imam Nasaai and Tirmithi are : 2 rakaats before the obligatory prayer of Early morning (*fajr*), 4 rakaats before and 2 rakaats after the obligatory prayer of Mid day (*Duhr*), 2 rakaats after the obligatory of early evening prayer (*Magrib*) and 2 rakaats after the obligatory prayer of night (*Isha*) prayer.

2- Abu Huraira (R.A.A.) said:” My *Khalil* (friend) (the Prophet (S.A.W.)) advised me to observe three things and I shall not leave them till I die: 1. “To observe *Saum* (fasting) three days every (lunar) month; 2.” To offer the *Duha* prayer; 3. To offer *Witr* prayer before sleeping.” Narrated by Bukhari and Muslim.

3- Ayesha (R.A.A.) narrated that the Prophet (S.A.W.) said : “The two raka’ats before dawn (*fajr*) prayer are

better than the world and all that it contains." Narrated by Muslim.

4 Aisha ؓ (R.A.A). Narrated that the Prophet ﷺ S.A.W. was never more regular and strict in offering any *Nawafil* than the two raka'ats (*Sunnah* before) dawn (*Fajr*) prayer. Narrated by Al-Bukhar and Muslim.

5-Umm Habiba ؓ (R.A.A.) narrated that the Prophet ﷺ (S.A.W.) said : " Whoever observes the practice of offering four rak'ahs before *Duhr* prayer and four rak'ahs after it, Allah will shield him against the fire of hell." Narrated by Abu Daud and At-Tirmithi.

6- One should make *Witr* as the last *salah* (prayer) (at night).

a- Abdullah bin Umar ؓ R.A.A. narrated that the Prophet ﷺ S.A.W. said : " Make *Witr* as your last *salah* (prayer) at night." Narrated by Al- Bukhari and Muslim.

7- If anyone enters a mosque, he should offer two *raka'ah* before sitting.

- Abu Qatada ؓ R.A.A. narrated that the Prophet ﷺ S.A.W. said:" If any one of you enters a mosque, he should pray two *raka'ats* before sitting ." Narrated by Al- Bukhari and Muslim

8- Abu Hurairah (R.A.A) narrated that Allah's Messenger (S. A. W) said to Bilal (R.A.A) " Tell me about the most hopeful act (i.e. one which you deem the most rewarding with Allah) you have done

since your acceptance of Islam because I heard the sound of the steps of your shoes in front of me in paradise.” Bilal said: “ I do not consider any act more hopeful than that whenever I make ablution (*wudoo*) at any time of night or day, I offer salah (prayer) for as long as was destined for me to offer.” Narrated by Al- Bukhari and Muslim.

3 THE EXCELLENCE OF SPENDING IN ALLAH’S CAUSE

1- Allah said : “ Whatsoever you spend of anything (for Allah’s Cause) He will replace it. And He is the Best of providers.” Quran 34: 39

2- Allah said: “Not upon you (Muhammad ﷺ S.A.W.) is their guidance, but Allah guides whom He wills. And whatever you spend in good, it is for yourselves, when you spend not except seeking Allah’s Countenance. And whatever you spend in good, it will be repaid to you in full, and you shall not be wronged.” Quran 2:272

3- Adi Ibn Hatim ؓ (R.A.A.) narrated that he heard the Prophet ﷺ (S.A.W.) saying : “Protect yourselves against the fire (of Hell), even by giving away half piece of a date (in charity).” Narrated by Al-Bukhari and Muslim.

4- Abu Huraira ؓ (R.A.A.) narrated that the Prophet ﷺ (S.A.W.) said: “ Every day two angels come down (from the heaven) and one of them says, “O Allah ! Compensate every person who spends in Your Cause,” and the

other (angel) says, "O Allah ! Destroy every miser." Narrated by Al- Bukhari and Muslim

5- Abu Huraira ؓ R.A.A. narrated that the Prophet ﷺ (S.A.W.) said: " Allah will give shade to seven, on the Day when there would be no shade but His. These seven persons are: 1. A just ruler, 2. A youth who has been brought up in the worship of Allah (i.e. worship of Allah Alone sincerely from his childhood), 3. A man whose heart is attached to the mosques [i.e. who offers the five compulsory congregational *Salah* (prayer) in the mosques], 4. Two persons who love each other only for Allah's sake and they meet and part for Allah's cause only, 5- A man who refuses the call of a charming woman of noble birth for illegal sexual intercourse with her and says : I fear Allah, 6-A man who gives charitable gifts so secretly that his left hand does not know what his right has given (i.e. nobody knows how much he has given in charity), and 7. A person who remembers Allah in seclusion and his eyes become flooded with tears." Narrated by al- Bukhari and Muslim.

4- THE EXCELLENCE OF OBSERVING SAUM (FASTING) FOR ALLAH'S CAUSE.

1-Abu Said Al- Khudari ؓ R.A.A. narrated: "I heard the Prophet ﷺ S.A.W. saying: " Whosoever observes *Saum* (fasting) for one day for Allah's Cause, Allah will keep his face away from the (Hell) Fire a distance covered by a journey of seventy years." Narrated by Muslim

2-Abu Huraira ﷺ (R.A.A.) narrated that the Prophet ﷺ (S.A.W.) said: “The best month for observing (*saum*) fasting after *Ramadan* is the month of *Muharram*, and the best *salat* (prayer) after the prescribed (compulsory) *salah* is the *Tahajjud* (voluntary prayer at night) Narrated by *Muslim*

3-EXCELLENCE OF FASTING ON THE DAY OF ARAFAT (9th of Dul- Hijjah) and Ashoraa (10th of Muharram)

a-Abu Qatada ﷺ (R.A.A.) narrated that the Prophet ﷺ (S.A.W.) was asked about observing the fast on the day of *Arafat* He ﷺ (S. A.W.) replied : “It is an expiation for the sins (committed) during past year and the subsequent year.” Narrated by *Muslim*

b-Abu Qatadah (R.A.A) narrated that the Messenger of Allah was Asked about observing *saum* (fasting) on the tenth day of *Moharem* , he said: “ It is an expiation for the sins of the preceding year.” Narrated by *Muslim*

4-The EXCELLENCE OF FASTING THE SIX DAYS OF SHAWWAL

Abu Ayub ﷺ (R.A.A.) narrated that the Prophet ﷺ (S.A.W.) said: “ He who observes fasting throughout the month of *Ramadan* then followed this by fasting six days of *Shawaal*, it is as if he observed fasting the whole year.” Narrated by *Muslim*

5-THE EXCELLENCE OF FASTING MONDAYS AND THURSDAYS OF EACH MONTH

Abu *Hurairah* (R . A . A) narrated that the Prophet (S.A.W) said: “ Deeds of people are presented to Allah on Mondays and

Thursdays. So I like my actions be presented while I am fasting.” Narrated by *At-Tirmithi*

6-THE EXCELLENCE OF FASTING THREE DAYS OF EACH MONTH

a-Abdullah bin Amr bin Al-A's (R.A.A) narrated that the Messenger of Allah (S. A. W) said :

“ Observing *squm* (fasting) on three days of every month is equivalent to a full month's fasting.” Narrated by *Al- Bukhari and Muslim* .

b-Abu Thar (R.A.A) narrated that the Messenger of Allah (S.A.W) said: “ When you fast for three days in a month, let these days to be the 13th, 14th and 15th.” Narrated by *Tirmithi*

5 THE EXCELLENCE OF PERFORMING *UMRA*

a-Abu Hurairah (R.A.A) narrated that Allah's Messenger (S.A.W) said: “ The performance of *Umrah* is an expiation for the sins committed between it and the other performed one. And the reward of *Al- Hajj Al- Mabroor* (that which is accepted by Allah) is nothing but Paradise.” Narrated by *Al-Bukhari and Muslim*

a- Ibn Abbas (R.A.A) narrated that the Prophet (S.A.W) said: “ The performance of *Umrah* during the month of *Ramadan* is equal to a pilgrimage (*Hajj*) or equal to the performance of *Hajj* with me.” Narrated by *Al-Bukhari and Muslim* .



Dear Muslim brother:

Try to practice *Nawafil* as much as you can while you are in a good health. In order to gain Allah's Blessing and love, adhere at least to the following recommendations:

1-Reading one chapter of the Qur'an every day.

2-Observing *Thikr* (supplication to Allah) after salah, before sleeping, upon awakening, before eating, before travelling, in the morning and in the evening.

3-Performing *Sunnah* prayers (before and after *salah*), *Witr* prayer and *Dohaa* (forenoon) prayer.

4-Setting an amount of money regularly for the promotion of Islam and for the Muslims all over the globe.

5-Fasting six days of *Shawal*, the day of *Arafah*, the day of *Ashoraa* and three days of every month (13th, 14th and 15th).

6-Visiting the House of Allah (*Haram*) in Makkah in certain occasions especially in *Ramadan*.

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